dimensions, which we refer to as the <u>Creation</u>. However, it looks like the water was already there. 'The earth is the LORD's... he has founded it upon the seas, and established it upon the floods.'(Ps.24:2) World Ocean Review states, 'There is the <u>same</u> <u>amount</u> of water on Earth as there was when the Earth was formed. The water from your faucet could contain molecules that dinosaurs drank.' ¹

The Question remains How did the Water get here? John the Apostle/Revelator writes in the book of Revelation, "And he shewed me a pure river of water of life, clear as crystal, proceeding out of the throne of God and of the Lamb." (Revelation 22:1) As shocking as it may sound, it seems that water comes straight from the throne of God. Water has life-giving qualities and according to my limited knowledge is a gift from heaven as it came straight from underneath God's Throne. So, it was not created because God and it seems his water of life always were and will always be. It was there before the Lord created the heaven and earth in our four-dimensional parameters.

Water regulates the Earth's Temperature. It also regulates the temperature of the human body, carries nutrients and oxygen to cells, cushions joints, protects organs and tissues, and removes wastes. 75% of the human brain is water and 75% of a living tree is water. Water brings life. Without water, humans - and all other life on earth - cannot exist.²



Our Oceans slow down the Climate Change.

The more the carbon dioxide concentration in the earth's atmosphere rises, the more carbon dioxide

the ocean absorbs, thereby reducing the pace of climate change... The oceans provide an invaluable service to humankind as they regulate the climate and curb our global warming.

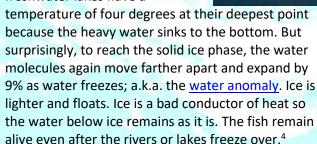
Spending time by water has been shown to reduce anxiety and depression, to make people feel happier, improve their health; it also helps to reduce blood pressure as a result of stress relief.

Both the ancient Egyptians and the Greeks used bathing rituals to help cure physical ailments, while Native American tribes believed in the purifying power of sweat lodges (natural saunas).

Watertherapy can be ideal for frail or older adults who like to stay active; it also helps against arthritis.

Water affects our life as Without it there would be No Life on earth. Water behaves differently from most other chemical compounds. In almost all substances the atoms and molecules move closer

together as they get colder. They then solidify. Water, however, attains its greatest density at four degrees Celsius because the water molecules are packed closest together at this temperature. Many freshwater lakes have a



Water Baptism takes on a much deeper meaning as we submerge ourselves in that water coming from God's throne. We leave our old life behind and rise up as new creatures who dedicate themselves to the Lord before his throne, which we should not take lightly, as we tell the Lord that 'our old life is dead and all things are become new in him.' (2Cor.5:17)

Water touches us in our Physical and Spiritual life.

Water is strengthening, healing and relaxing.
As water is another physical manifestation of God's love, so the spiritual waters refresh our soul and cause us to celebrate life, feel fulfilled and happy.

The Bible compares our Spiritual Thirst for water to our Thirst for the Truth. 'Look, the days will come, says the Lord GOD, that I will send a famine in the land, not a famine of bread, nor a thirst for water, but of hearing the words of the LORD... In that day shall the fair virgins and young men faint for thirst.' (Amos 8:11,13) Download a Bible for your CP or laptop. A Thirst for the Truth: 'Why is this and why that?' I need to know... Who can tell me the truth?' Jesus said to Pilate: 'This is the reason that was I born, and that is why I came I into the world, that I should bear witness to the truth. Every one that desires the truth hears my voice...' (John 18:37)

'I will give unto him that is Thirsty of the Fountain



of the Water of Life freely... Come. And let him that is thirsty come. And whosoever will, let him take the water of life freely.' (Rev.21:6 & 22:17)

Jesus answered her, 'Whoever drinks of this well water shall thirst again: But whoever drinks of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life. (John 4:13,14)

By reading the gospels Matthew, Mark, Luke and John, you let the waters of God's word save, wash, clean, refresh and strengthen you. 'You shall know the truth and it shall set you free.' - Jesus said, 'He that believes on me, as the scripture has said, out of his belly shall flow rivers of living water.' - 'I am come that they might have life, and that they might have it more abundantly.' (John.8:32; 7:38; 10:10) 'There are three that bear witness on earth, the Spirit, and the water, and the blood: and these three agree in one.' (John 5:8)

Yet, We allow ourselves to be Deceived that the billions and billions of cubic metres of water on and under this earth came from a super atom explosion a.k.a. 'the Big Bang.' How can something lesser than this dot! explode into the beauties that we see?

'We Prefer to Insult our common-sense Intelligence with any Nonsense as long as it has Nothing to do with God, because we will refute this God stuff.' In our arrogance we'll walk right into the trap that we are setting for ourselves; 'nuclear annihilation'.

In the book of Revelation chapter 16 we learn that two of the aftereffects of the Nuclear War ruin our



oceans and water sources.

The radioactive fallout exterminates all

marine life in the seas and oceans while the rivers and fountains, our drinking-water sources, are poisoned in the biggest environmental disaster ever. It says, 'unless those days should be shortened no flesh would be saved.' (Mat.24:22) However, the meek who escaped, hid themselves and survived this insanity; 'they shall inherit the earth.' (Mat.5:5)

Then the Lord in his Mercy will again Repair what We have Destroyed in our Stubborn Stupidity.

'It shall be in that day, that **living waters** shall go out from Jerusalem; (Zech 14:8)... **the waters shall be healed...** And it shall come to pass, that everything... wherever the rivers shall come, **shall live**: and there shall be a very great multitude of fish; and **everything shall live where the rivers come...** because their waters they **issued out of the sanctuary.'** (Ez. 47:9,12) Isn't God amazing by showing us his love and healing powers again with water that originates straight from his holy sanctuary?

Let's have a Drink and Enjoy that Holy H₂O...
Start your day with a glass of water: Drinking water in the morning helps to flush the toxins out of the body, to clean the intestines and it helps to ward off many diseases as well.

Page 5

Avoid Chilled water; drink Room Temperature or Warm water: Ice chilled water disturbs process of

digestion, decreases blood supply to various organs, can lead to constipation. Drinking warm water helps in proper digestion, with our



metabolism and helps control cholesterol levels.⁵

Find out who <u>Jesus</u> is. He suffered the <u>pains of hell</u> to bring us to 'the wells of salvation.' (Isaiah 12:3)

Water research is endless, but let's leave it at this.

- 1. Improves Physical Performance
- 2. Increases Energy
- 3. Improves Brain Function
- 4. Treats Constipation
- 5. Helps for Kidney Stones
- 6. Helps for Weight Loss
- 7. Prevents Hangovers
- 8. Prevents Dehydration
- 9. Carries Oxygen to Cells
- 10. Improves Digestion
- 11. Regulates Body Temperature
- 12. Provides Electrolytes
- 13. Protects Organ Tissue
- 14. Flushes Bacteria from Bladder
- 15. Improves Immune System
- 16. Helps against Depression
- 17. Helps Prevent and Treat Headaches
- 18. Improves Productivity
- 19. Improves Muscle Growth
- 20. Protects Joints

How Much Water Should You Drink? 6

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Page 6

WATER, where did it originate?



A 12-year-old boy asked me the question, "Sir, where did the water come from in Genesis 1:2? It says, 'the Spirit of God moved upon the face of the waters.' God created the world, but the water was already there, so where did the water come from?" I was stumped and said 'I'll have to research it.'

'The LORD God made the earth and the heavens, And every plant of the field <u>before</u> it was in the earth, and every herb of the field <u>before</u> it grew:' (Genesis 2:5)

Obviously, God operates in a much higher dimension where life is created. We operate and are limited to our four dimensions and though our scientists can create items like: computers, smart phones, atom bombs, A.I. and are now working on A.G.I. androids; but even if all the scientist in the world put their brains together, they will never be able to create a single blade of grass with procreative life, as life only comes from God. (Law of Biogenesis)

When the Lord finished preparing everything then he took his time, six days, to upload it into our four

Page 1